
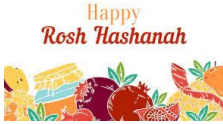


*Healthy tip of the Month:

Family. It's a major part of every child's life – and often the most important factor in helping a child make healthy changes. Research shows children are often more willing to eat healthy foods and be active if they see their parents and other family members doing these things first. That's why it's important to get every member of your family involved in healthy eating and physical activity. – American Dietetic Association

Oasis Campus & Oasis Elementary North -Breakfast Menu– October 2024

		Mon	Tue	Wed	Thu	Fri	Sat	
Additional Purchase Milk .75	A		1 Muffin Yogurt Peaches Orange Juice	2 Pancake Sausage Peaches Apple Juice Syrup	3 	4 Pancake Wrap Pineapple Apple Juice Syrup	5	
			6	7 Cinni Mini Yogurt Applesauce Apple Juice	8 Bagel Peaches Orange Juice Cream Cheese	9 Muffin Yogurt Peaches Apple Juice	10 Egg, Bacon Cheese Pizza Pineapple Apple Juice	11 Cereal Yogurt Sliced Apple Grape Juice
ONE 7:45am-8:15am	B	13	14 Chocolate Muffin Yogurt Peaches Orange Juice	15 French Toast Sausage Pineapple Apple Juice Syrup	16 Cereal Yogurt Applesauce Orange Juice	17 Bagel Orange Apple Juice Cream Cheese	18 Scramble Egg Hashbrown Sausage Peaches Orange Juice	19
OES 8:00am-8:30am			20	21 Cinnamon Raisin Bagel Sliced Apple Apple Juice	22 Chocolate Muffin Yogurt Applesauce Apple Juice	23 Biscuit sausage Sandwich Peaches Orange Juice	24 Cereal Yogurt Orange Grape Juice	25 Omelette Hashbrown Pineapple Apple Juice
Middle School 7:10am-7:35am	D	27	28 Pancake Wrap Peaches Orange Juice Syrup	29 Cereal Yogurt Applesauce Orange Juice	30 Chocolate Muffin Yogurt Peaches Orange Juice	31 Bagel Cream Cheese Orange Apple Juice	1 Waffle Sausage Pineapple Apple Juice	2
High School 6:40am-7:00am			H					

Breakfast is served Monday-Friday

Start your day with a healthy breakfast.

Breakfast \$2.25



*Available online to make payments or check account balances: myschoolbucks.com
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